

<u>Recruiting Firms</u>	<u>Website</u>	<u>Contact</u>	<u>Phone #</u>	<u>Temporary Help Services THS Govt Reg'd</u>
Acerra	www.acerra.ca	info@acerra.ca	613-237-6388	THS
Action Personnel	www.actionpersonnel.ca	info@actionpersonnel.ca	613-238-8511	THS
Adecco	www.adecco.ca www.adecco.ca www.adecco.ca	Kanata Office Christine Lackey christine.lackey@adecco.ca Rebecca A. McDonald rebecca.amcdonald@adecco.ca Jennifer Kent jennifer.kent@adecco.ca Sandra Read sandra.read@adecco.ca Katie Monsma katherine.monsma@adecco.ca Shauna Gale shauna.gale@adecco.ca	613-599-3135 613-230-7777 613-244-0241 613-599-3151 613-599-3151 613-599-3151 613-599-3151 ext 246	THS THS THS THS THS THS
ADGA	www.adga.ca	adga@adga.ca	613-237-3022	THS
Advantage Personnel Ltd.	www.onyourteam.com	ottawa@onyourteam.com	613-232-0100	THS
Aim Personnel Services Inc.	www.aimpersonnel.ca	info@theaimgroup.ca	613-230-6991	THS
Ajilon Consulting	www.ajilon.ca/en/default.idigit	ottinfo@ajilon.com Kent Blackburn kent.blackburn@ajilon.ca Chris Duffield chris.duffield@ajilon.ca Chuck Bing chuck.bing@ajilon.ca	613-786-3106 613-786-3106 ext 299 613-786-3106 ext 233 613.786.3106 ext 356	THS

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Alliance Personnel Inc.	www.apipersonnel.com	info@apihr.ca	613-235-9191	THS
Allstream IT Services	www.allstream.com	itservices.info-ottcnr@allstream.com	613-236-0257	THS
Altis SPR	www.altisspr.com Specialized Professional Resources		613-230-5350	THS
Amtek Engineering Services Ltd.	www.amtekcdn.com	Lester Sellers lsellers@amtekcdn.com	613-749-5167 ext 230	THS
APS-Antian Professional Services Inc.	www.antian.ca	info@antian.ca	613-233-6464	THS
Artemp Personnel Services Inc.	www.artemp.ca	Communications professionals	613-232-9767	THS
Avalon Works	www.avalonworks.com		613-594-8992	THS
AZUR HR	www.azurhr.ca	azurhr@azurhr.ca	613-238-4008	THS
Barbara Personnel Inc.	www.barbarapersonnel.com	order@barbarapersonnel.com	613-236-9689	THS
BLC Inc.	www.blc.on.ca	brad@blc.on.ca	613-834-7959	THS
Brainhunter	www.brainhunter.com		613-789-7000	THS
C.L.A. Personnel Inc.	www.clapersonnel.ca		613-567-0045	THS
Canada Job One	www.canadajobone.ca	ottawa@canadajobone.ca	613-789-9911	THS
CCSI Technology Solutions Corp.	www.compucom.com		613-247-7300	THS
CIA Inc.	www.cia.ca	ottawa@cia.ca	819-771-6446	THS

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Cistel Technology	www.cistel.com	Haydee Jara jhjara@cistel.com Mrghna Sharma meghna@cistel.com	613-723-8344	THS
Contract Community Inc		todd@contractcommunity.com	613-832-5500	THS
CORADIX Technology Consulting Ltd.	www.coradix.com	Doris Ferrante dorif@coradix.com	613-234-0800	THS
CSI Consulting Inc.	www.csican.com	Charles McDougall	613-291-8546	THS
CYGNOS IT Security	www.cygnos.com	hr@cygnos.com	613-820-4547	THS
Dare Human Resources	www.darehr.com	Samuel Snow sam@darehr.com Christine Rhodes christine@darehr.com	613-238-3273 613-238-3273	THS
David Aplin Recruiting	www.aplin.com	Koreen Clements kclements@aplin.com Roger Rutherford - Engineering Construction rutherford@aplin.com Mark Garbe - IT mgarbe@aplin.com	613-288-2211	THS
Drake International	www.drakeintl.com		613-237-3370	THS
Dynamic Personnel Consultants	www.dynamicpersonnel.com	hr@dynamicpersonnel.com	613-567-8886	THS
Eagle Professional Resources Inc.	www.eagleonline.com	Greg Paul	1-866-786-3778	THS

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Excel HR	www.excelITR.com Information Technology Resources	greg_paul@eagleonline.com Lisa Dickson lisa@excelitr.com Genevieve Brisebois genevieve@excelitr.com Monica Gdula monica@excelitr.com	613-230-5393 613-230-3700 ext 295	THS
Eyedu Solutions Inc.	www.eyedusolutions.com	info@eyedusolutions.com	613-593-8848	THS
GSI Consulting Services Inc	www.prdwww.gsi.com		613-782-2361	THS
Harrington Staffing Services and Informatic Resources	www.harringtonhr.com	Isabelle Copeland copeland@harringtonhr.com	613-236-4600	THS
hmcs inc.	www.hmcs.on.ca	office@hmcs.on.ca	613-830-3644	THS
Hunt Personnel	www.hunt.ca	ottawa@hunt.ca	613-238-8801	THS
Ian Martin Limited	www.ianmartin.com	Matthew O'Connor oconnor@ianmartin.com	613-271-0155	THS
Ibiska Telecom Inc.	www.ibiska.com	info@ibiska.com	613-234-4434	THS
iFathom	www.ifathom.ca	info@ifathom.ca	613-783-2000	THS
inGenius People	www.ingeniuspeople.com	info@ingeniuspeople.com Shezi Aziz shezi@ingeniuspeople.com	613-591-9002 ext 222	THS
InnoVision Consulting Inc.	www.innovision-inc.com	Yvon Noël yvon@innovision-inc.com	613-745-5900	THS

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Integra Networks Corporation	www.integranetworks.com	hr@integranetworks.com	613-526-4945	THS
Integrated Group International Ltd.	www.igi.ca	info@igi.ca	613-731-8999	THS
Kelly Services Ltd.	www.kellyservices.ca	7630@kellyservices.com	613-238-4801	THS
Labortek Personnel Services Ltd.	www.labortek.com	Ottawa East Ottawa West	613-741-1128 613-688-0807	THS THS
Larus Technologies Corporation	www.larus.com	info@larus.com	613-224-8916	THS
Lumina IT Inc.	www.luminait.com	careers@luminait.com	613-228-9645	THS
Maxsys Consulting and Staffing	www.maxsys.ca	Linda Mundy - VP mundy@maxsys.ca Jennifer Caverly caverly@maxsys.ca	613-562-9943	THS
Microtime Inc.	www.microtime-it.com	mail@microtime-it.com	613-234-2345	THS
MSC Maplesoft Consulting	www.maplesoft.biz	info@maplesoft.biz	613-226-9993	THS
Navatar Ltd.		info@navatar.ca	613-594-9554	THS
New Technologies Inc.			613-592-4009	THS
Night Hawk Technologies Inc.	www.nighthawk.com		819-771-5054	THS
Nisha Technologies Inc.	www.nishatech.com	info@nishatech.com	613-739-7225	THS
Nitro Microsystems	www.nitro.ca	info@nitro.ca	613-228-8096	THS

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Noramtec Consultants Inc.	www.noramtec.com	Andrew Charles andrew@noramtec.com	613-727-3997	THS
Ohm Networks	www.ohmnetworks.com	ohm@www.ohmnetworks.com	613-736-8910	THS
Olav Consulting	www.olavconsulting.com	info@olavconsulting.com	613-232-6528	THS
Perry-Martel International	www.perrymartel.com	David Perry dperry@perrymartel.com	613-236-6995	
Personnel Force / Tech Force	www.personnelforce.com	admin@personnelforce.com	613-237-9798	THS
Pollack Group	www.pollackgroup.com	Jonathan Lee jlee@pollackgroup.com Heather Berenbaum heather@pollackgroup.com Patricia Heard (Jenkins) patricia@pollackgroup.com	613-238-2233	THS
Portage Personnel	www.portagepersonnel.ca temphelp.ca	info@portagepersonnel.ca	819-770-6918	THS
Proex Inc.	www.proex.ca	jim@proex.ca	613-244-0871	THS
Prolity Corporation	www.prolity.com		613-232-2869	THS
Prologic Systems Ltd.	www.prologicsystems.ca	info@prologicsystems.ca	613-238-1376	THS
Promaxis Systems Inc.	www.promaxis.com	info@promaxis.com	613-737-2112	THS
Quantum Management	www.quantum.ca		613-237-8888	THS

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Randstad Interim Inc.	www.randstand.ca		613-564-2555	THS
Robert Half Technology	www.roberthalftechnology.com	Jennifer Paul - finance and accounting jennifer.paul@roberthalf.com	613-236-4253	THS
Samson & Associés	www.samson.ca	samson@samson.ca	819-772-0044 ext 224	THS
Sapphire Technologies	www.sapphireca.com	Kristie Hall khall@cncglobal.com Kate Pope kpoppe@sapphireca.com	613-727-1411 613-727-1411 ext 3818	THS
SI Systems	www.sisystems.com	Brian Brady bbrady@sisystems.com Kimberly McGee kimberly.mcgee@sisystems.com Tim Gauthier tim.gauthier@sisystems.com	613-786-3290 (613)-786-3290 ext. 231	THS
Spearhead Management Canada Ltd	www.spearheadlimited.ca	info@spearheadlimited.ca	613-226-4595	THS
SPI Consultants	www.spi.ca	info@spi.ca	613-590-1503	THS
Strategic Relationships Solutions Inc.	www.srscan.com	info@srscan.com	613-233-4574	THS
TEKsystems	www.teksystems.ca	Barrett Prueter bprueter@teksystems.ca Teresa Malfara tmalfara@teksystems.ca	613-254-5000 613-254-5015	THS
TES The Employment Solution	www.tes.net		613-828-7887	THS

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The 500 Staffing Services Inc.	www.the500.com	Joanne Prud'Homme prudhomme@the500.com	613-237-2888	THS
The Associates Group of Companies	www.theassociatesgroup.com	ithr@theassociatesgroup.com Information Technology Jobs ejobs@theassociatesgroup.com Administration Jobs	613-567-0222	THS
The People Bank	www.thepeoplebank.ca	ottawa@thepeoplebank.ca	613-234-8118	THS
TRM Technologies Inc.	www.trm.ca	info@trm.ca	613-722-8843	THS
Valcom Consulting Group Inc.	www.valcom.ca	hr@valcom.ca Gerry Ouellet gouellet@valcom.ca Jeff Kearns jkearns@valcom.ca	613-594-5200 613-594-5206 ext 229 613-594-5206 ext 292	THS
Wilcom Systems Ltd.	www.wilcomsystems.com	angie.maher@wilcom.on.ca HR Manager Angie Maher stuartr@wilcom.on.ca Director of Sales Stuart Robinson	613-729-9211	THS
Zycom Technology Inc.	www.zycomtec.com		613-253-0077	THS